

Aspirus Business Health

Employee Assistance Services



Counselors assist with improving employee well-being by helping to resolve personal issues, provide encouragement and education.



Sheena Bohl
LPC

Licensed Professional Counselor

Special Interests: Sheena has special interests in anxiety, depression, self-confidence, self-harm, patient-centered care, strength-based approaches, and emotional regulation. She has over 14 years' experience working in the correctional jail setting, both as a corrections officer and as a clinical therapist. Her work history also includes working with mentally ill children, individuals with presenting barriers, and active crisis situations.



Steven P. Kuhn
MS, LPC-SAS

*Licensed Professional Counselor
Substance Abuse Specialty*

Special Interests: Steve's passion is to provide assistance to people to help them deal with personal issues that may affect their health, well-being, relationships and job performance. His interests are anxiety, depression, communication issues, anger, addiction, and alcohol and drug abuse.



Tisha Sleiter
MSW, LCSW, ADHD-CCSP,
CSTIP

*Licensed Clinical Social Worker
Access to Lethal Means (CALM)
Trainer Certified*

Special Interests: Tisha lives by the personal mantra "to be of use." She feels privileged to help people in developing personal goals and gaining a general understanding of the relationship between thoughts, emotions, and behavior as the key to unlocking the healthy changes they want to make. She takes a special interest in working with adolescents, young adults, LGBTQ+ families, and couples. specializing in LGBTQI+ affirming care, ADHD/ADD parenting support, special needs children, depression, anxiety, relationship challenges, and more.



Gina Strasser
MSW, LCSW, CCTSA

Licensed Clinical Social Worker

Special Interests: Gina is QPR trained and utilizes a trauma informed, strengths-based approach to validate clients while also encouraging and fostering room for growth. She is a trauma certified professional taking special interest in working with LGBTQ+, addictions, trauma, and grief. Gina takes a special interest in working primarily with children, adolescents and marginalized populations and is passionate about creating a safe and encouraging atmosphere where client's feel valued and valuable.

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800.236.4457